Here We Are



Are we all the same?

Hook – We have received a letter from a local café who have asked for our help. They want to make a healthy snack to sell in their café. Can we help? We need to find out about being healthy and having a balanced diet.

Authentic outcome – You are going to make a healthy snack for a new café opening and write instructions of how to make it. You will invite your parents into school to test your tasty treats.

Steps to success -

- 1. Look at animals and their offspring.
- 2. Find out what animals (including humans) need to survive.
- 3. Sentence structure capital letters and full stops.
- 4. Time connectives.
- 5. Imperative verbs.
- 6. Research the different food groups and design a balanced meal.
- 7. Find out about the importance of exercise and the effect it has on your body.
- 8. Investigate the importance of hygiene.
- 9. Use lines and dots to create a self-portrait.
- 10. Use peeling, grating and cutting techniques to make a healthy snack.

English, Art and Design, Design and Technology, Science.